## **The Messages From Your Heart**

Discounted Services offered for attendees in Huntsville, Alabama on May 26, 2017.

Introductory Class (via Skype): This is a 6 week program designed to introduce you into what it is like to live a life centered in your heart space. In this class, you will dive into your deepest desires and gain honest feedback about what is standing in your way. You will learn a new application of thought and energy that will alter the course of your life. All classes are recorded giving you 12+ hours of valuable material to continue practicing in your life. Once you have completed the introductory class, you are eligible to move on to advanced studies with Angel-Ghashikta. This class will take place via Skype beginning on Friday, June 16th, 2017 at 6:30pm. It will continue for the following 5 Fridays at 6:30pm.

Normal Rate: \$550 Discounted Rate: \$495

**Prescribed Meditation**: Often it is difficult to create lasting change to an issue that has lingered because the mind continues to run circles with the scenarios of pain. These create internal dynamics that affect someone's ability to easily heal it themselves. The prescribed meditation addresses this specific dynamic while the individual is in a suggestive state. It is tailored uniquely to the individual and what their heart is instructing to create lasting change. When practiced daily, One will experience their issue or issues mystically disappear. Meditation includes: 10 minutes of phone conversation, 15-30 minutes prescribed meditation

Normal Rate: \$125 Discounted Rate: \$95

which is recorded and sent to you via email or text.

Remote Healing Integration Therapy Session: Healing Integration Therapy was created by Angel-Ghashikta and addresses your egoic self, your spirit self, your energetic body and your physical body. It begins with a conversation (via phone or skype) where you offer vulnerability about what you would like to change. Angel-Ghashikta will deeply listen to your heart as you speak carrying on two conversations at one time. After 30 minutes of conversation, you will lie down and receive an energetic treatment addressing your organ systems, your energy centers and your emotional heart. Many of the insights will be communicated back to you conversationally for greater comprehension of the changes you are asking to implement. You will also receive a hand written letter from your heart to you which powerfully aids in your continuing transformation once you leave the treatment room. As your egoic mind connects daily to the wisdom of your heart, you will notice obvious improvement in your daily life. This session lasts 2 hours. You will also receive a recording of the conversation.

Normal Rate: \$250 Discounted Rate: \$200